

POST-OP TVT INSTRUCTIONS

1. Many patients will be discharged with a catheter. If you are, you will receive instructions on how to manage it prior to discharge and an appointment to return to the office for removal.
2. Light vaginal bleeding may occur for up to 2 weeks after surgery
3. No tampons or intercourse for 6 weeks after surgery.
4. No heavy lifting or strenuous exercise for 8 weeks after surgery
5. No driving for 24 hours
6. No tub baths for 1 week. Showers are permitted.
7. Please make a routine post-op appointment fore 2 weeks after surgery